

'The water that I will give will become in them a spring of water gushing up to eternal life.'

- John 4: 14b

Today's Bible Passages are:

Romans 5: 1-11 & John 4: 5-42

Notices

We warmly welcome Robert Jenkins who will preach at our 8am & 10am service today.

Viral Safeguarding

In light of current concerns about the Coronavirus, Revd Mandy & the PCC have decided the following:

- 1) Please no handshaking during the Peace**
- 2) Please do not dip Hosts in the Communion wine**
- 3) Anti-bacterial hand gel will be used by everyone who touches the Communion bread before distribution**

We pray for all those currently affected by this virus and those who are worried.

Tearfund – Mean Bean Challenge 18th – 22nd March

Would you be prepared to eat just beans & rice for 5 days? This sponsored challenge is being undertaken by Revd Mandy & Helen Wiggins in aid of Tearfund, who work to alleviate hunger around the world. Revd Mandy has a paper sponsorship form which you can sign & Helen has a Just Giving Webpage:
www.justgiving.com/helensmeanbeanchallenge930
You don't have to sponsor us both, as all money goes to the same cause.

Parochial Church Council (PCC) & Deanery Synod

Are you interested in becoming a member of the PCC? There will be a few spaces available after the APCM. If so, please speak to Jacqueline Bennett or Revd Mandy. We also need to appoint 3 people to represent our Parish on the Deanery Synod. This would particularly appeal to anyone who has an interest in the wider church. Only 3 meetings per year for this role. Please speak to Revd Mandy asap if you are interested.

Joyce Green – RIP

We are sorry to announce the death of Joyce Green, a long-time member of St Lawrence. Her funeral will take place at St Lawrence Church on Thursday 2nd April at 11am followed by Cremation at Randalls.

Children's Society Boxes

Thanks to all the holders of Children's Society Boxes on the St Lawrence list, £303 was raised this year.



Next Sunday's Bible Passages are:

Exodus 2:1-10 & Gospel: Luke 2: 33-35

Upcoming Events

Lent Lunches, St Lawrence Church Hall

The last Lunch is on Wednesday 25th March. 12.30pm - 2pm & offering a light lunch in aid of Crossroads Care, Surrey.

Wed 25th March – Parish Trip to Israel 2021 Presentation, St Lawrence Church Hall @ 7.30pm

All are welcome to come and see Mandy's 'holiday snaps' of her recent trip to Israel. There will also be an opportunity to hear further details about our proposed Parish trip next year. **12 people have already signed up, so please speak to Revd Mandy asap if you are seriously thinking of coming, as places are limited.**

Sat 28th March – Village Litter Pick, All Saints Church @ 9.30am

Please make a note in your diary to join in. This is part of our 'Eco-Church' initiative. All necessary equipment provided.

Sun 29th March – APCM & Shared Brunch, St Lawrence Church @ 11.30am

Everyone is welcome to attend as we 'celebrate' the past year in our Parish and look forward to the year ahead. We will be having a shared brunch. Sign-up sheets for offers of food available soon.

Sun 19th April – 'Sunday Big Curry Lunch', Great Bookham Tandoori @ 12.45pm

Join us for an alternative Sunday Lunch. (Non-curry food also available). Tickets from William Hill 01372 458792. Adults £20, children £10. In aid of The Friends of Effingham and Little Bookham Churches.

Saturday 25th April – Effingham Village Market, St Lawrence Church @ 10am – 2pm

Please do join us for our very first Effingham Village Market! Please spread the word!

Effingham Farmers' Market Volunteers

We need help in setting up stalls and/or serving light refreshments. Please speak to Mandy if you can help.

Children & Families:

TGIS (Thank God It's Sunday)

On the 4th Sunday of each month at St. Lawrence starting at 10am, with a delicious breakfast. This is an informal, contemporary service without communion and is especially appropriate for newcomers & young families.

Next TGIS 22nd March (Mothering Sunday Special) Do join us!

'First of the Month (FOM)' – Informal Family Communion

This service takes place at All Saints on the First Sunday of each month starting at 10am. It includes a children's talk & the children are encouraged to help in the running of the service. Aimed at 3 years+.

Next FOM 5th April – All Welcome!

Regular Events

Chatterbox: Tuesdays from 10.30am-12pm on the 1st & 3rd Tuesdays in St Lawrence & on the 2nd & 4th Tuesdays at All Saints. Catherine Hall on 453183 for further info.

Tues 24th March: Parish Pint (for the chaps) – Join us at the Old Windsor Castle (Little Bookham Street). Contact Robert Hall: 453183 or Robert@whestons.co.uk if coming (for catering).

Tuesday Tea - Tuesday 24th March: Alternate Tuesdays, in the Catholic Church Hall, Lower Rd, Effingham. From 2.30pm-4pm. A donation of £1.50 is all that is required. Gill or Keith 457987.

Christian Meditation Group - Thurs 26th March - Meets fortnightly, 2.15pm in the Methodist Church, Effingham. Mrs Sylvia Lindsay 457383.

“Connect” Group - Thursday 26th March - For carers & partners living with dementia meets fortnightly at 10am-12pm, St Lawrence Church Hall. Contact Gill Walker 457987.

Messy Church – NOT IN APRIL: At St Lawrence Church Hall) 3.30pm-5pm. 2nd Wednesday of each month. Contact Gill Walker on 457987.

Let’s Find Out – Monday 6th April: We meet (usually) every first Monday evening of the month at 7.30pm at Sylvia Lindsay’s, Elmhurst, Lower Rd, Lt Bookham. Catherine: 453183 Sylvia: 457383

Our parish website can be found at:
www.effinghamwithlittlebookhamparish.org.uk

Please remember we can be found on



Where & When Next: Sunday 22nd March:

8am - Service @ All Saints

10am - Service @ St Lawrence
(TGIS – Mothering Sunday Special)

Weekday Services at St. Lawrence

Morning Prayer will be said on Tuesday at 9am

Holy Communion will be celebrated on Thursday at 9.15am at St Lawrence

Sunday 15th March
2020

‘3rd Sunday of Lent

Parish Pulse

Children are welcome at all our services



The Parish of St.
Lawrence, Effingham
with All Saints’, Little
Bookham



Parish Contacts

Rector: Revd Mandy MacVean – 01372 458314 (Day off usually Friday) The Rectory, 4 Leewood Way, Effingham, KT24 5JN.

Parish Administrator: Hayley Rheinlander at the Parish Office: 01372 451697. St Lawrence Church, Church Street, Effingham, KT24 5LX.

**Please send items for the Pulse (via email) by
Tuesday each week**

E: stlawrence1939@btinternet.com

W: www.effinghamwithlittlebookhamparish.org.uk



Pattern of Monthly Services

St. Lawrence		All Saints'
8am BCP Holy Communion 6pm Taizé Prayer	First Sunday	10am Informal Sunday Worship with Communion
10am Sunday Worship with Communion	Second Sunday	8am BCP Holy Communion
8am BCP Holy Communion	Third Sunday	10am Sunday Worship with Communion
10am Thank God it's Sunday (TGIS)	Fourth Sunday	8am BCP Holy Communion
8am BCP Holy Communion (alternating) 10am Ecumenical Eucharist (alternating)	Fifth Sunday	8am BCP Holy Communion (alternating) 10am Ecumenical Eucharist (alternating)

Church Wardens

Val Winter 454 273
John Amos 453 552

Deputy Church Wardens

Pat Mills 454 293
Paddy MacVean 458 314