

Let your light shine before others, so that they may see your good works and give glory to your Father in heaven. - Matthew 5: 16

Today's Bible Passages are:
Isaiah 58: 1-9a & Matthew 5: 13-20

Notices

Parish Directory

We last compiled a Parish Directory 4 years ago & realise that much of the information is now out of date. We will be handing out forms in Church to complete if you wish to be included in this useful resource.

Parish Vestry Refurbishment

Please note that work commenced on Monday 3rd Feb. The church will be closed for the refurbishment, apart from usual services.

Children's Society Boxes

Boxes for the Children's Society (for St Lawrence) are due for opening next month, February. Please bring them to St Lawrence if you can. Otherwise, Pat Withers will be in contact in the usual way.

Flowers for All Saints Church

Would anyone like to help with the flowers for All Saints? No experience/talent required! Or, donations could be made to commemorate a special event/anniversary. Some 'new faces' would be very welcome! Please contact Lisa Boag/Julia Baker 01372 453204/07905960014

Parish Befrienders

This is the last call for anyone who would like to become a **Parish Befriender**. Please contact Revd Mandy asap if you are interested or would like more details. **The training session** will be at The Rectory on **Monday 10th February at 6pm.**

Thank You

Many thanks to Catherine Hall and Pat Withers for their number of years singing with the choir. They have now decided to retire.



Next Sunday's Bible Passages are:
Genesis 1ff-Genesis 2:3 & Matthew 6:25ff

Upcoming Events

TODAY - Sun 9th Feb – Newcomers Tea Party, Caroline & William's Home @ 3.30pm

Fri 14th Feb – Manor House School Music Recital, All Saints Church @ 1.30pm

Free entry with retiring collection in aid of All Saints Church. All welcome to attend.

Tues 25th Feb – Lent Course, Effingham Methodist Church @ 2pm

This is the first session of 6. The course is called 'Another Story Must Begin' and is based on Les Misérables. The course will be run by Revd Mandy & Revd Kim together.

Lent Evening Course

Alternatively, Revd Mandy will be running the same course on Thursday evenings at The Rectory, starting on 27th Feb.

A sign-up sheet is now available. Please speak to Revd Mandy.

Lent Lunches, St Lawrence Church Hall

The first Lent Lunch is on Ash Wednesday 26th Feb & then the next two are on March 11th & March 25th. All from 12.30pm - 2pm & offering a light lunch. Donations requested in aid of the supportive charity Crossroads Care, Surrey.

Wed 25th March - Mothers Union Service, Guildford Cathedral @ 11am

Would anyone like to attend this service and/or carry our Mothers Union flag from St Lawrence Church? Please speak to Revd Mandy asap.

Wed 25th March – Parish Trip to Israel 2021 Presentation, St Lawrence Church Hall @ 7.30pm

All are welcome to come and see Mandy's 'holiday snaps' of her recent trip to Israel. There will also be an opportunity to hear further details about our proposed Parish trip next year.

Children & Families:

TGIS (Thank God It's Sunday)

On the 4th Sunday of each month at St. Lawrence starting at 10am, with a delicious breakfast. This is an informal, contemporary service without communion and is especially appropriate for newcomers & young families.

Next TGIS 23rd February – Do join us!

'First of the Month (FOM)' – Informal Family Communion

This service takes place at All Saints on the First Sunday of each month starting at 10am. It includes a children's talk & the children are encouraged to help in the running of the service. Aimed at 3 years+.

Next FOM 1st March – All Welcome!

Regular Events

Chatterbox: Tuesdays from 10.30am-12pm on the 1st & 3rd Tuesdays in St Lawrence & on the 2nd & 4th Tuesdays at All Saints. Catherine Hall on 453183 for further info. **CURRENTLY AT ALL SAINTS EACH WEEK UNTIL FURTHER NOTICE**

Tues 25th Feb: Parish Pint (for the chaps) - 4th Tuesday monthly at the Sir Douglas Haig, Effingham, 12pm. Contact Robert Hall: 453183 or Robert@whestons.co.uk if coming (for catering).

Tuesday Tea - Tuesday 11th Feb: Alternate Tuesdays, in the Catholic Church Hall, Lower Rd, Effingham. From 2.30pm-4pm. A donation of £1.50 is all that is required. Gill or Keith 457987.

Christian Meditation Group - Thurs 13th Feb - Meets fortnightly, 2.15pm in the Methodist Church, Effingham. Mrs Sylvia Lindsay 457383.

“Connect” Group - Thursday 13th Feb - For carers & partners living with dementia meets fortnightly at 10am-12pm, St Lawrence Church Hall. Contact Gill Walker 457987.

Messy Church – Wed 12th Feb: at St Lawrence Church Hall) 3.30pm-5pm. 2nd Wednesday of each month. Contact Gill Walker on 457987.

Let’s Find Out – Monday 2nd Mar: We meet (usually) every first Monday evening of the month at 7.30pm at Sylvia Lindsay’s, Elmhurst, Lower Rd, Lt Bookham. Catherine: 453183 Sylvia: 457383

Our parish website can be found at:
www.effinghamwithlittlebookhamparish.org.uk

Please remember we can be found on



Where & When Next: Sunday 16th February:

8am - Service @ St Lawrence

10am - Service @ All Saints

Weekday Services at St. Lawrence

Morning Prayer will be said on Tuesday at 9am

Holy Communion will be celebrated on Thursday at 9.15am at St Lawrence

Sunday 9th
February 2020

‘3rd Sunday before
Lent’

Parish Pulse

Children are welcome at all our services



The Parish of St.
Lawrence, Effingham
with All Saints’, Little
Bookham



Parish Contacts

Rector: Revd Mandy MacVean – 01372 458314 (Day off usually Friday) The Rectory, 4 Leewood Way, Effingham, KT24 5JN.

Parish Administrator: Hayley Rheinlander at the Parish Office: 01372 451697. St Lawrence Church, Church Street, Effingham, KT24 5LX.

**Please send items for the Pulse (via email) by
Tuesday each week**

E: stlawrence1939@btinternet.com

W: www.effinghamwithlittlebookhamparish.org.uk



Pattern of Monthly Services

| St. Lawrence | | All Saints’ |
|---|----------------------|---|
| 8am BCP Holy Communion 6pm Taizé Prayer | First Sunday | 10am Informal Sunday Worship with Communion |
| 10am Sunday Worship with Communion | Second Sunday | 8am BCP Holy Communion |
| 8am BCP Holy Communion | Third Sunday | 10am Sunday Worship with Communion |
| 10am Thank God it’s Sunday (TGIS) | Fourth Sunday | 8am BCP Holy Communion |
| 8am BCP Holy Communion (alternating) 10am Ecumenical Eucharist (alternating) | Fifth Sunday | 8am BCP Holy Communion (alternating) 10am Ecumenical Eucharist (alternating) |

Church Wardens

Val Winter 454 273
John Amos 453 552

Deputy Church Wardens

Pat Mills 454 293
Paddy MacVean 458 314