

'Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" - Matthew 4: 10

**Today's Bible Passages are:**

Romans 5: 12-19 & Matthew 4: 1-11

**Notices**

**Food Bank – Leatherhead Urgently needed:**

Tinned Meat Pies (without alcohol), Tinned Fish, Tinned Meat, Sponge Puddings, UHT Milk (Blue). Powdered Milk, Sugar (small packets only please), Noodles, Nappies sizes 6 & 6+, Clothes Washing Liquid, Ladies Deodorant & Shaving Foam.

**Tearfund – Mean Bean Challenge 18<sup>th</sup> – 22<sup>nd</sup> March**

Would you be prepared to eat just beans & rice for 5 days? This sponsored challenge is in aid of Tearfund, who are working towards ending hunger around the world. Revd Mandy & Helen Wiggins are taking part and welcome sponsorship (please ask to sign their forms – you don't have to sponsor both, as all money goes to the same cause) or you can join us in eating just beans & rice at:  
[www.tearfund.org/about\\_you/fundraise/mean\\_bean\\_challenge](http://www.tearfund.org/about_you/fundraise/mean_bean_challenge)

**Thank You**

We are very grateful to the valiant band of cleaning ladies and gentlemen, who last Saturday restored St Lawrence to its former glory after having been a carpentry workshop whilst the vestry was being refurbished. It was a HUGE job. We plan to spring clean All Saints soon, so please look out for a date to pop in your diary.

**Saturday 25<sup>th</sup> April – Effingham Village Market, St Lawrence Church @ 10am – 2pm**

Please do join us for our very first Effingham Village Market! We have a variety of stalls including an Artisan Bakery, Fruit & Veg, Eggs, Crafts, Chocolates & Toiletries to name but a few. There will be refreshments for sale too. Please spread the word!



**Effingham Farmers' Market Volunteers**

Would you be interested in helping at this regular event? We especially need help in setting up stalls and/or serving light refreshments. Please speak to Revd Mandy if you can help.

**Next Sunday's Bible Passages are:**

Romans 4: 1-5, 13 – 17 & John 3: 1-17

**Upcoming Events**

**Lent Lunches, St Lawrence Church Hall**

The next two are on March 11<sup>th</sup> & March 25<sup>th</sup>. 12.30pm - 2pm & offering a light lunch in aid of Crossroads Care, Surrey.

**TODAY - Sunday 1<sup>st</sup> March - Taizé Prayer - @ St Lawrence Church, 6pm**

**Friday 6<sup>th</sup> March – World Day of Prayer - @ Our Lady of Sorrows Church, 10.30am & @ Bookham Baptist Church, 7.30pm**

All are welcome to join in for the World Day of Prayer.

**Sat 14<sup>th</sup> March – 'The Spirit of Spain', All Saints Church @ 7.30pm**

An evening of Virtuoso Classics with Guitarist Mark Jennings. Tickets: £12 (including light refreshments) from Barbara Henry 452 024, Val 454 273 or Pat Mills 454 293. In aid of The Friends of Effingham and Little Bookham Churches.

**Wed 25<sup>th</sup> March – Parish Trip to Israel 2021 Presentation, St Lawrence Church Hall @ 7.30pm**

All are welcome to come and see Mandy's 'holiday snaps' of her recent trip to Israel. There will also be an opportunity to hear further details about our proposed Parish trip next year.

**Sat 28<sup>th</sup> March – Village Litter Pick, All Saints Church @ 9.30am**

Please make a note in your diary to join in. This is part of our 'Eco-Church' initiative. All necessary equipment provided.

**Sun 19<sup>th</sup> April – 'Sunday Big Curry Lunch', Great Bookham Tandoori @ 12.45pm**

Join us for an alternative Sunday Lunch. (Non-curry food also available). Tickets from William Hill 01372 458792. Adults £20, children £10. In aid of The Friends of Effingham and Little Bookham Churches.



**Children & Families:**

**TGIS (Thank God It's Sunday)**

On the 4<sup>th</sup> Sunday of each month at St. Lawrence starting at 10am, with a delicious breakfast. This is an informal, contemporary service without communion and is especially appropriate for newcomers & young families.

**Next TGIS 22<sup>nd</sup> March – Do join us!**

## Regular Events

**Chatterbox:** Tuesdays from 10.30am-12pm on the 1st & 3rd Tuesdays in St Lawrence & on the 2nd & 4th Tuesdays at All Saints. Catherine Hall on 453183 for further info.

**Tues 24<sup>th</sup> March:** Parish Pint (for the chaps) – Join us at the Old Windsor Castle (Little Bookham Street). Contact Robert Hall: 453183 or Robert@whestons.co.uk if coming (for catering).

**Tuesday Tea - Tuesday 10<sup>th</sup> March:** Alternate Tuesdays, in the Catholic Church Hall, Lower Rd, Effingham. From 2.30pm-4pm. A donation of £1.50 is all that is required. Gill or Keith 457987.

**Christian Meditation Group - Thurs 12<sup>th</sup> March** - Meets fortnightly, 2.15pm in the Methodist Church, Effingham. Mrs Sylvia Lindsay 457383.

**“Connect” Group - Thursday 12<sup>th</sup> March** - For carers & partners living with dementia meets fortnightly at 10am-12pm, St Lawrence Church Hall. Contact Gill Walker 457987.

**Messy Church – Wed 11<sup>th</sup> March:** at St Lawrence Church Hall) 3.30pm-5pm. 2nd Wednesday of each month. Contact Gill Walker on 457987.

**Let’s Find Out – Monday 2<sup>nd</sup> Mar:** We meet (usually) every first Monday evening of the month at 7.30pm at Sylvia Lindsay’s, Elmhurst, Lower Rd, Lt Bookham. Catherine: 453183 Sylvia: 457383

**Our parish website can be found at:**  
[www.effinghamwithlittlebookhamparish.org.uk](http://www.effinghamwithlittlebookhamparish.org.uk)

Please remember we can be found on



### Where & When Next: Sunday 8<sup>th</sup> March:

**8am** - Service @ All Saints

**10am** - Service @ St Lawrence (with Baptism)

### Weekday Services at St. Lawrence

Morning Prayer will be said on Tuesday at 9am

Holy Communion will be celebrated on Thursday at 9.15am at St Lawrence

Sunday 1<sup>st</sup> March  
2020

‘1<sup>st</sup> Sunday of Lent

# Parish Pulse

*Children are welcome at all our services*



*The Parish of St. Lawrence, Effingham with All Saints’, Little Bookham*



### Parish Contacts

**Rector:** Revd Mandy MacVean – 01372 458314 (Day off usually Friday) The Rectory, 4 Leewood Way, Effingham, KT24 5JN.

**Parish Administrator:** Hayley Rheinlander at the Parish Office: 01372 451697. St Lawrence Church, Church Street, Effingham, KT24 5LX.

**Please send items for the Pulse (via email) by Tuesday each week**

**E:** stlawrence1939@btinternet.com

**W:** [www.effinghamwithlittlebookhamparish.org.uk](http://www.effinghamwithlittlebookhamparish.org.uk)



### Pattern of Monthly Services

St. Lawrence		All Saints’
8am BCP Holy Communion 6pm Taizé Prayer	<b>First Sunday</b>	10am Informal Sunday Worship with Communion
10am Sunday Worship with Communion	<b>Second Sunday</b>	8am BCP Holy Communion
8am BCP Holy Communion	<b>Third Sunday</b>	10am Sunday Worship with Communion
10am Thank God it’s Sunday (TGIS)	<b>Fourth Sunday</b>	8am BCP Holy Communion
8am BCP Holy Communion (alternating) 10am Ecumenical Eucharist (alternating)	<b>Fifth Sunday</b>	8am BCP Holy Communion (alternating) 10am Ecumenical Eucharist (alternating)

### Church Wardens

Val Winter 454 273  
John Amos 453 552

### Deputy Church Wardens

Pat Mills 454 293  
Paddy MacVean 458 314