'Rejoice that your names are

......

written in heaven' - Luke 10: 20b

Today's Bible Passages are:

Isaiah 66: 10-14 & Luke 10: 1-11, 16-20

Notices

Thank You

A big 'Thank you' to Arnold, Jayne, Pamela, Laura, Sue, Lisa & Paddy who were such a great help at the Post Pals party last Saturday in the Church Hall.

#christianloveinaction

And also, many thanks to Caroline & William Hill who hosted our first 'Newcomers Tea Party' on Sunday

Bring your Bible to Church!

We would like you to bring your Bible to church services. Each week the Bible passage references will be found at the top of The Pulse and next week's passage references will be found towards the bottom; in case you want to mark your Bible before coming to church. Church Bibles will also be available if you forget your own.

Parish Child Protection Officer

We are delighted that Victoria Griffiths has agreed to be our Child Protection Officer. Jenny Peers continues as our Protection Officer for vulnerable adults.

PCC Treasurer Vacancy

Jennifer Blackburn has been our Treasurer for many years and now feels the time has come to pass this role on to someone else. She is very happy to show the 'new person' the ropes. Do you think this is a role you might be able to take on? Please speak to Jennifer if so.

In case you missed it... Toilet Rolls

We came to church for TGIS last Sunday and took home a toilet roll!

Some might be offended by the name of this toilet roll company ('Who gives a crap'!) but hopefully they are even MORE offended by these statistics:

2.3 billion people don't have access to a toilet.
Around 289,000 children under five die every year from diseases caused by poor water and sanitation. That's almost 800 children per day, or one child every two minutes. The challenge is to try out the loo paper and then consider buying from this company who only uses recycled paper and who sends 50% of its profits to build toilets in developing countries.

Please consider supporting it as well: https://uk.whogivesacrap.org/

'Plastic Free July'

As a Parish we have started to think about God's amazing gift of creation and our responsibility to protect it. Last month we heard about sustainable toilet paper. This month we want to challenge our congregation to sign up for 'Plastic Free July' - even if it just means a few small changes, 'every little helps'! www.plasticfreejuly.org/take-the-challenge/

Flower Sponsorship

If you would like to donate towards the cost of the flowers in Church (possibly to mark a special occasion), please do speak to the Parish Administrator.

Upcoming Events

TODAY – Sunday 7th July: Taizé Prayer -@ St Lawrence Church, 6pm

All welcome to attend!

Wednesday 10th July – Messy Church, St Lawrence Church Hall – 3pm – 5pm

Please do join us for Messy Church with your primary age children. Lots of activities and toys, plus a cooked tea for the little ones!

Wednesday 7th August – 'Holiday @ Home', St Lawrence Church Hall @ 10am – 4pm

This year our theme is **'La Dolce Vita' - Italy comes to Effingham.** Save the date! Application forms now available.



First Holy Communion

Revd Mandy is now collecting names of children (over 5yrs) whose parents would like them prepared to take their First Holy Communion in October. Please do speak to Revd Mandy if you are interested.

Confirmation

Would you like to be Confirmed? If so, please do speak to Revd Mandy to sign up for classes starting in September.



Children & Families:

TGIS (Thank God It's Sunday)

On the 4th Sunday of each month at St. Lawrence starting at 10am, with a delicious breakfast. This is an informal, contemporary service without communion and is especially appropriate for newcomers & young families.

Next TGIS 28th July - Do join us!

'First of the Month (FOM)' – Informal Family Communion

This service takes place at All Saints on the First Sunday of each month starting at 10am. It includes a children's talk & the children are encouraged to help in the running of the service. Aimed at 3 years+.

Next FOM 4th August - All Welcome!

Next Sunday's Bible Passages are:

Colossians 1: 1-14 & Luke 10: 25-37

Regular Events

Chatterbox: Tuesdays from 10.30am-12pm on the 1st & 3rd Tuesdays in St Lawrence & on the 2nd & 4th Tuesdays at All Saints. Catherine Hall on 453183 for further info.

Parish Pint 23rd July: (for the chaps): 4th Tuesday monthly at the Sir Douglas Haig, Effingham, 12pm. Contact Robert Hall: 453183 or Robert@whestons.co.uk if coming (for catering).

Sunday Breakfast – 14th July - Monthly on 2nd Sunday in the Bowdler Room, All Saints' after 8am Communion. Catherine Hall 453183.

Tuesday 16th **July-** Tuesday Tea, alternate Tuesdays, in the Catholic Church Hall, Lower Rd, Effingham. From 2.30pm-4pm. A donation of £1.50 is all that is required. Gill or Keith 457987.

Thursday 18th July - Christian Meditation Group: Meets fortnightly, 2.15pm in the Methodist Church, Effingham. Mrs Sylvia Lindsay 457383.

Thursday 18th July - "Connect" Group for carers & partners living with dementia meets fortnightly at 10am-12pm, St Lawrence Church Hall. Contact Gill Walker 457987.

Messy Church – Wed 10th July: at St Lawrence Church Hall) 3.30pm-5pm. 2nd Wednesday of each month. Contact Gill Walker on 457987.

Let's Find Out – Monday 8th July: We meet (usually) every first Monday evening of the month at 7.30pm at Sylvia Lindsay's, Elmhurst, Lower Rd, Lt Bookham. Catherine: 453183 Sylvia: 457383

We are delighted to announce that we have a new parish website. It can be found at: www.effinghamwithlittlebookhamparish.org.uk

Please remember we can be found on



Where & When Next: Sunday 14th July:

8am - Service @ All Saints

10am – Service @ St Lawrence

Weekday Services at St. Lawrence

Morning Prayer will be said on Tuesday at 9am

Holy Communion will be celebrated on Thursday at 9.15am at St Lawrence

Sunday 7th July 2019

'3rd Sunday after Trinity'

Parish Pulse

Children are welcome at all our services



The Parish of St.
Lawrence, Effingham
with All Saints', Little
Bookham



Parish Contacts

Rector: Revd Mandy MacVean – 01372 458314 (Day off usually Friday) The Rectory, 4 Leewood Way, Effingham, KT24 5JN.

Parish Administrator: Hayley Rheinlander at the Parish Office: 01372 451697. St Lawrence Church, Church Street, Effingham, KT24 5LX.

Please send items for the Pulse (via email) by Tuesday each week

E: stlawrence1939@btinternet.com

W: www.effinghamwithlittlebookhamparish.org.uk



Pattern of Monthly Services

| St. Lawrence | | All Saints' |
|--------------------|--------|-----------------|
| 8am BCP Holy | First | 10am Informal |
| Communion | Sunday | Sunday Worship |
| 6pm Taizé Prayer | | with Communion |
| 10am Sunday | Second | 8am BCP Holy |
| Worship with | Sunday | Communion |
| Communion | | |
| 8am BCP Holy | Third | 10am Sunday |
| Communion | Sunday | Worship with |
| | | Communion |
| 10am Thank God | Fourth | 8am BCP Holy |
| it's Sunday (TGIS) | Sunday | Communion |
| 8am BCP Holy | Fifth | 8am BCP Holy |
| Communion | Sunday | Communion |
| (alternating) | | (alternating) |
| 10am Ecumenical | | 10am Ecumenical |
| Eucharist | | Eucharist |
| (alternating) | | (alternating) |

Church Wardens

Val Winter 454 273 John Amos 453 552

Deputy Church Wardens

Pat Mills 454 293 Paddy MacVean 458 314