'Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind; and, Love your neighbour as yourself.' – Luke 10:27

Today's Bible Passages are:

Colossians 1: 1-14 & Luke 10: 25-37

Notices

We welcome the Family, Godparents & Friends of Finley as he is bought for Baptism this morning at 10am.

A 'Thank You' from the Corbould-Dawe Family

We received a wonderful 'Thank You' letter from Felicity, Nathan and Monty for all of those who provided meals for the family after the birth of baby Chester.

Bring your Bible to Church!

We would like you to bring your Bible to church services. Each week the Bible passage references will be found at the top of The Pulse and next week's passage references will be found towards the bottom; in case you want to mark your Bible before coming to church. Church Bibles will also be available if you forget your own.

Parish Child Protection Officer

We are delighted that Victoria Griffiths has agreed to be our Child Protection Officer. Jenny Peers continues as our Protection Officer for vulnerable adults.

PCC Treasurer Vacancy

Jennifer Blackburn has been our Treasurer for many years and now feels the time has come to pass this role on to someone else. She is very happy to show the 'new person' the ropes. Do you think this is a role you might be able to take on? Please speak to Jennifer if so.

'Plastic Free July'

As a Parish we have started to think about God's amazing gift of creation and our responsibility to protect it. Last month we heard about sustainable toilet paper. This month we want to challenge our congregation to sign up for 'Plastic Free July' - even if it just means a few small changes, 'every little helps'! www.plasticfreejuly.org/take-the-challenge/

Flower Sponsorship

If you would like to donate towards the cost of the flowers in Church (possibly to mark a special occasion), please do speak to the Parish Administrator.

Help Needed at All Saints

On Saturday 20th July we are having a 'Churchyard Work Party'. Please can you come & help for an hour or so? We start at 9.30am (but join us anytime). Please bring your own tools. It is light work clearing ivy covering off graves, taking off dead flowers, collecting fallen wood, weeding etc. We provide refreshments. Contact Chris Peers on 456752 or Val on 454273 for more information.

Upcoming Events

Wednesday 7th August - 'Holiday @ Home', St Lawrence Church Hall @ 10am - 4pm This year our theme is 'La Dolce Vita' - Italy comes to Effingham. Save the date! Application forms now available.



First Holy Communion

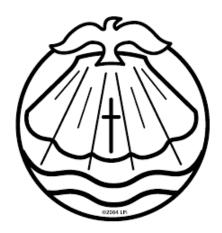
Revd Mandy is now collecting names of children (over 5yrs) whose parents would like them prepared to take their First Holy Communion in October. Please do speak to Revd Mandy if you are interested.

Confirmation

Would you like to be Confirmed? If so, please do speak to Revd Mandy to sign up for classes starting in September.

Sunday 18th August - Parish Open House, The Rectory, 4 Leewood Way @ 3pm - 6pm

Revd Mandy and Paddy would be delighted to see anyone who would like to drop in at any time between 3pm – 6pm for a cup of tea/coffee and cake.



Children & Families:

TGIS (Thank God It's Sunday)

On the 4th Sunday of each month at St. Lawrence starting at 10am, with a delicious breakfast. This is an informal, contemporary service without communion and is especially appropriate for newcomers & young families.

Next TGIS 28th July - Do join us!

'First of the Month (FOM)' – Informal Family Communion

This service takes place at All Saints on the First Sunday of each month starting at 10am. It includes a children's talk & the children are encouraged to help in the running of the service. Aimed at 3 years+.

Next FOM 4th August - All Welcome!

Next Sunday's Bible Passages are:

Colossians 1: 15-28 & Luke 10: 38ff

Regular Events

Chatterbox: Tuesdays from 10.30am-12pm on the 1st & 3rd Tuesdays in St Lawrence & on the 2nd & 4th Tuesdays at All Saints. Catherine Hall on 453183 for further info.

Parish Pint - Next Date TBC: (for the chaps): 4th Tuesday monthly at the Sir Douglas Haig, Effingham, 12pm. Contact Robert Hall: 453183 or Robert@whestons.co.uk if coming (for catering).

Sunday Breakfast – 11th Aug: - Monthly on 2nd Sunday in the Bowdler Room, All Saints' after 8am Communion. Catherine Hall 453183.

Tuesday 16th July: Tuesday Tea, alternate Tuesdays, in the Catholic Church Hall, Lower Rd, Effingham. From 2.30pm-4pm. A donation of £1.50 is all that is required. Gill or Keith 457987.

Thursday 18th July: Christian Meditation Group: Meets fortnightly, 2.15pm in the Methodist Church, Effingham. Mrs Sylvia Lindsay 457383.

Thursday 18th July: "Connect" Group for carers & partners living with dementia meets fortnightly at 10am-12pm, St Lawrence Church Hall. Contact Gill Walker 457987.

Messy Church - Next Date TBC: at St Lawrence Church Hall) 3.30pm-5pm. 2nd Wednesday of each month. Contact Gill Walker on 457987.

Let's Find Out – Monday 5th Aug: We meet (usually) every first Monday evening of the month at 7.30pm at Sylvia Lindsay's, Elmhurst, Lower Rd, Lt Bookham. Catherine: 453183 Sylvia: 457383

We are delighted to announce that we have a new parish website. It can be found at: www.effinghamwithlittlebookhamparish.org.uk

Please remember we can be found on



Where & When Next: Sunday 21st July:

8am - Service @ St Lawrence

10am – Service @ All Saints

Weekday Services at St. Lawrence

Morning Prayer will be said on Tuesday at 9am

Holy Communion will be celebrated on Thursday at 9.15am at St Lawrence

Sunday 14th July 2019

'4th Sunday after Trinity'

Parish Pulse

Children are welcome at all our services



The Parish of St. Lawrence, Effingham with All Saints', Little Bookham



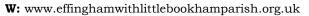
Parish Contacts

Rector: Revd Mandy MacVean – 01372 458314 (Day off usually Friday) The Rectory, 4 Leewood Way, Effingham, KT24 5JN.

Parish Administrator: Hayley Rheinlander at the Parish Office: 01372 451697. St Lawrence Church, Church Street, Effingham, KT24 5LX.

Please send items for the Pulse (via email) by Tuesday each week

E: stlawrence1939@btinternet.com





Pattern of Monthly Services

St. Lawrence		All Saints'
8am BCP Holy	First	10am Informal
Communion	Sunday	Sunday Worship
6pm Taizé Prayer		with Communion
10am Sunday	Second	8am BCP Holy
Worship with	Sunday	Communion
Communion		
8am BCP Holy	Third	10am Sunday
Communion	Sunday	Worship with
		Communion
10am Thank God	Fourth	8am BCP Holy
it's Sunday (TGIS)	Sunday	Communion
8am BCP Holy	Fifth	8am BCP Holy
Communion	Sunday	Communion
(alternating)		(alternating)
10am Ecumenical		10am Ecumenical
Eucharist		Eucharist
(alternating)		(alternating)

Church Wardens

Val Winter 454 273 John Amos 453 552

Deputy Church Wardens

Pat Mills 454 293 Paddy MacVean 458 314