

'Nothing outside a person can defile them by going into them. Rather, it is what comes out of a person that defiles them.' – Mark 7:15

Notices

Parish (Young/middle aged!) Men's Group Pub Suppers

Occasional get-togethers in local pubs or curry houses.

This is a new venture especially for men -

Please contact Jon Hargreaves for further details.
jonhargreaves@yahoo.co.uk

Inaugural Annual Litter Pick

On Saturday 22nd September we are having a church litter pick from 10am – 12 noon. We shall be out in Little Bookham & Effingham making it a tidier place to live. If you can spare an hour to help then please can you let me know - we have litter pickers, high vis jackets & gloves. There are sign-up sheets in both Churches.

If you would like to suggest places that need cleaning up that is also really useful. Please speak to Laura Smith 459010 for further details.

Ride & Stride – Saturday 8th September

Looking for volunteers for a self-guided sponsored walk or bike ride visiting local churches. 50% of money raised goes to preserve historic church buildings which no longer have congregations. The remaining 50% will go to our own Parish funds. Please contact Laura Smith for a sponsor form lk_smith@btinternet.com

Heritage Day – Saturday 15th September St Lawrence and All Saints will be open

We're looking for volunteers to be at either church for an hour or two & also volunteers to make cakes. In the case of All Saints, cakes are needed for the Tithe Barn refreshments. There are sign-up sheets in both churches. Or you can phone/email Jenny Peers on 456752 or j.peers@tiscali.co.uk for All Saints or Laura Smith 459 010 or lk_smith@btinternet.com for St Lawrence if you can help.

Flower Arrangements in

St Lawrence & All Saints Churches

We are most gratefully to our two flower arranging teams that regularly decorate our churches with beautiful floral displays.

Many churches encourage sponsorship of the flowers and we would like to do the same in this parish.

You may wish to 'sponsor' the flowers at either church on a particular Sunday perhaps in memory of someone or to mark a particular anniversary.

If so, please contact Hayley, the Parish Administrator at the Parish Office on 01372 451697 or email:

stlawrence1939@btinternet.com and the Flower Teams will be in touch. Please give as much notice as possible.

We suggest a donation in the region of £40, but the actual amount is entirely personal. If you are happy for the person to be remembered, or the anniversary to be mentioned, in The Pulse (the weekly Church Newsletter), please inform Hayley.

Upcoming Events

TODAY - 6pm - Taizé prayer @ St Lawrence.

All very welcome to attend.

'Let's Find Out'

Monday 3rd September, 7.30pm @ Sylvia's, Elmhurst, Lower Rd. All Welcome! Catherine (453183).

Precious Moments

Short service with hymns, poetry & readings followed by afternoon tea. For those living with Dementia, as well as friends in the community. At Effingham Methodist Church, held at 2pm on 3rd October, 28th November & 11th December. For more info, contact Gill Walker 01372 457987 or 01932 586988.

Harvest Weekend – Please make a note in your diaries:

Saturday 20th October – Harvest Supper – Tithe Barn, Little Bookham.

Sunday 21st October – Harvest Festival at St Lawrence Church, 10am.

Children & Families:

'First of the Month (FOM)' – Informal Family Communion

This service takes place at All Saints on the First Sunday of each month starting at 10am. It includes a children's talk & the children are encouraged to help in the running of the service. Aimed at 3 years+.

Next FOM 2nd September – All Welcome!

TGIS (Thank God It's Sunday)

On the 4th Sunday of each month at St. Lawrence starting at 10am, with a delicious breakfast. This is an informal, contemporary service without communion and is especially appropriate for newcomers & young families.

Next TGIS 23rd September – Do join us!

Calling All Children

Did you know we now have a Sunday School for Primary aged children (Saints Alive) and a pre-school group (Diddy Disciples) which meets during our Sunday morning 10am services? Please ring Revd Mandy for further details or collect a leaflet from the back of Church.



Regular Events

Chatterbox: Tuesdays from 10.30am-12pm on the 1st & 3rd Tuesdays in St Lawrence & on the 2nd & 4th Tuesdays at All Saints. Contact Catherine Hall on 453183 for further info.

Parish Pint 25th Sept: (for the chaps): 4th Tuesday monthly at the Sir Douglas Haig, Effingham, 12pm. Contact Robert Hall: 453183 or Robert@whestons.co.uk if coming (for catering).

Sunday Breakfast: NOT IN SEPTEMBER - Monthly on 2nd Sunday in the Bowdler Room, All Saints' after 8am Communion. Catherine Hall 453183.

Tuesday 11th Sept: Tuesday Tea, alternate Tuesdays, in the Catholic Church Hall, Lower Rd, Effingham. From 2.30pm-4pm. A donation of £1 is all that is required. Contact either Gill or Keith Walker on 457987.

Thursday 13th Sept: Christian Meditation Group: Meets fortnightly, 2.15pm in the Methodist Church, Effingham. Info - Mrs Sylvia Lindsay 457383.

Thursday 13th Sept: "Connect" Group for carers & partners living with dementia meets fortnightly at 10am-12pm, St Lawrence Church Hall. Contact Gill Walker on 457987.

Messy Church 12th Sept: At St Lawrence Church Hall 3.30-5.30pm. 2nd Wednesday of each month. Contact Gill Walker on 457987.

Please remember we can be found on



Where & When Next Sunday 9th September:

8am - Service @ All Saints

10am - Service @ St Lawrence (with Baptism)

Weekday Services at St. Lawrence

Morning Prayer will be said on Tuesday at 9am

Holy Communion will be celebrated on Thursday at 9.15am at St Lawrence

Sunday 2nd
September 2018

'14th Sunday after
Trinity'

Children are welcome at all our services



The Parish of St.
Lawrence, Effingham
with All Saints', Little
Bookham



Parish Contacts

Rector: Revd Mandy MacVean – 01372 458314 (Day off usually Friday) The Rectory, 4 Leewood Way, Effingham, KT24 5JN.

Parish Administrator: Hayley Rheinlander at the Parish Office: 01372 451697. St Lawrence Church, Church Street, Effingham, KT24 5LX.

**Please send items for the Pulse (via email) by
Tuesday each week**

E: stlawrence1939@btinternet.com

W: www.st-lawrence-church-effingham.org.uk



Pattern of Monthly Services

St. Lawrence		All Saints'
8am BCP Holy Communion 6pm Taizé Prayer	First Sunday	10am Informal Sunday Worship with Communion
10am Sunday Worship with Communion	Second Sunday	8am BCP Holy Communion
8am BCP Holy Communion	Third Sunday	10am Sunday Worship with Communion
10am Thank God it's Sunday (TGIS)	Fourth Sunday	8am BCP Holy Communion
8am BCP Holy Communion (alternating) 10am Ecumenical Eucharist (alternating)	Fifth Sunday	8am BCP Holy Communion (alternating) 10am Ecumenical Eucharist (alternating)

Church Wardens

Val Winter 454 273
John Amos 453 552

Deputy Church Wardens

Laura Smith 459 010
Pat Mills 454 293